


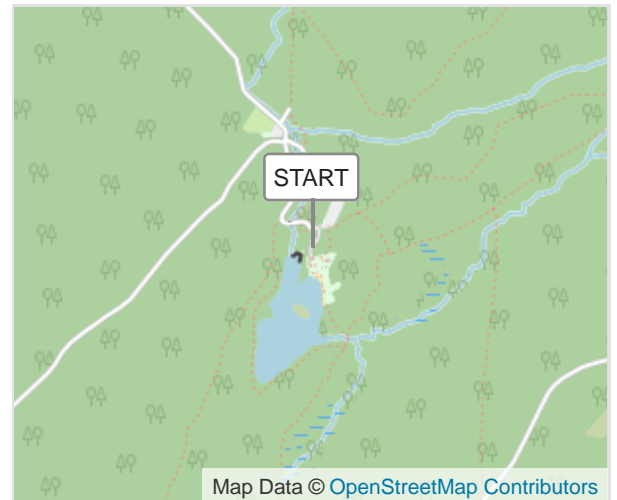


Backyard Squatch - Road Out & Back

ROUTE INFORMATION



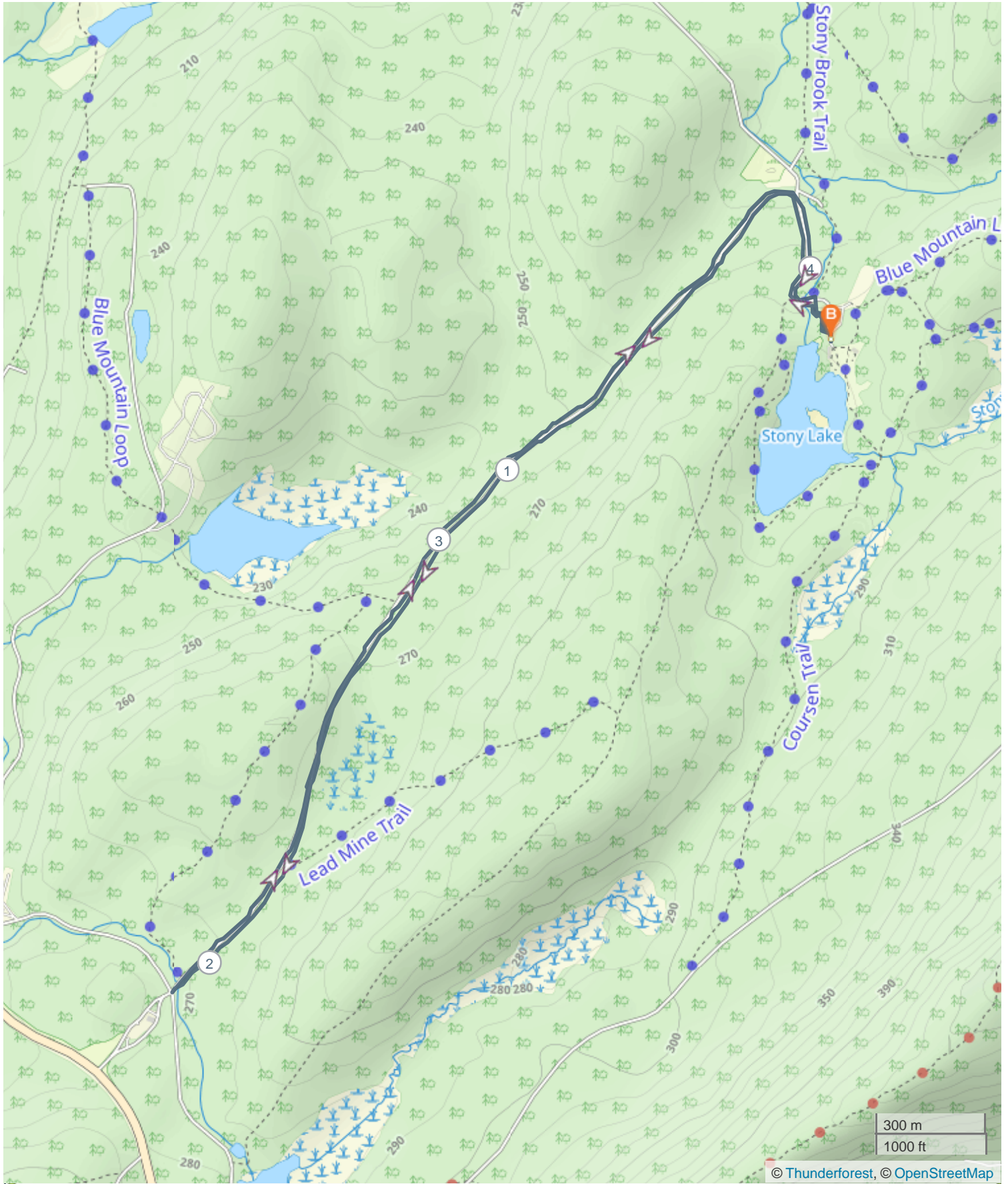
ROUTE LENGTH	4.186 miles
ASCENT	328 ft
DESCENT	331 ft
HILLS	↑ 40.5% ↓ 47.3% → 12.2%
TERRAIN	Mixed 
START	LAT: 41.202248, LNG: -74.773489



NOTES

Between the hours of 8pm-6am, runners will complete the 4.16667 road out and back that also has 400 ft of elevation gain. The road course is an out and back on Coursen Road.

Backyard Squatch - Road Out & Back



928 ft

814 ft

1

2

3

4

ROUTE DIRECTIONS

No	Miles	Turn	Directions
1	0.098	←	LEFT ON COURSEN ROAD
2	2.080	↓	TURN AROUND
3	3.876	→	RIGHT TO STAY ON COURSEN ROAD
4	3.960	←	LEFT TO STAY ON COURSEN ROAD
5	4.111	→	RIGHT BACK TO START
6	4.186		FINISH