

WILD GOOSE TRAIL FESTIVAL

SEPTEMBER 18-20, 2026 ♦ RINGWOOD STATE PARK · RINGWOOD, NJ
3 LOOPS · 7 DISTANCES · 1 AID STATION · ALL ROADS LEAD TO SQUATCH HQ

PINK LOOP

7.80 MI / 700 FT GAIN

The scenic tour – wide woods roads past quiet ponds, 1922 estate ruins, and the backside of the NJ Botanical Gardens. The last mile is sweet singletrack into HQ.

BLUE LOOP

5.49 MI / 500 FT GAIN

The most runnable loop of the weekend – gentle rolling woods roads. Settle into cruise control.

CHECKERED LOOP

4.93 MI / 670 FT GAIN

Short and spicy – 100% singletrack with the steepest sustained climbs of the festival.

BUILD YOUR RACE

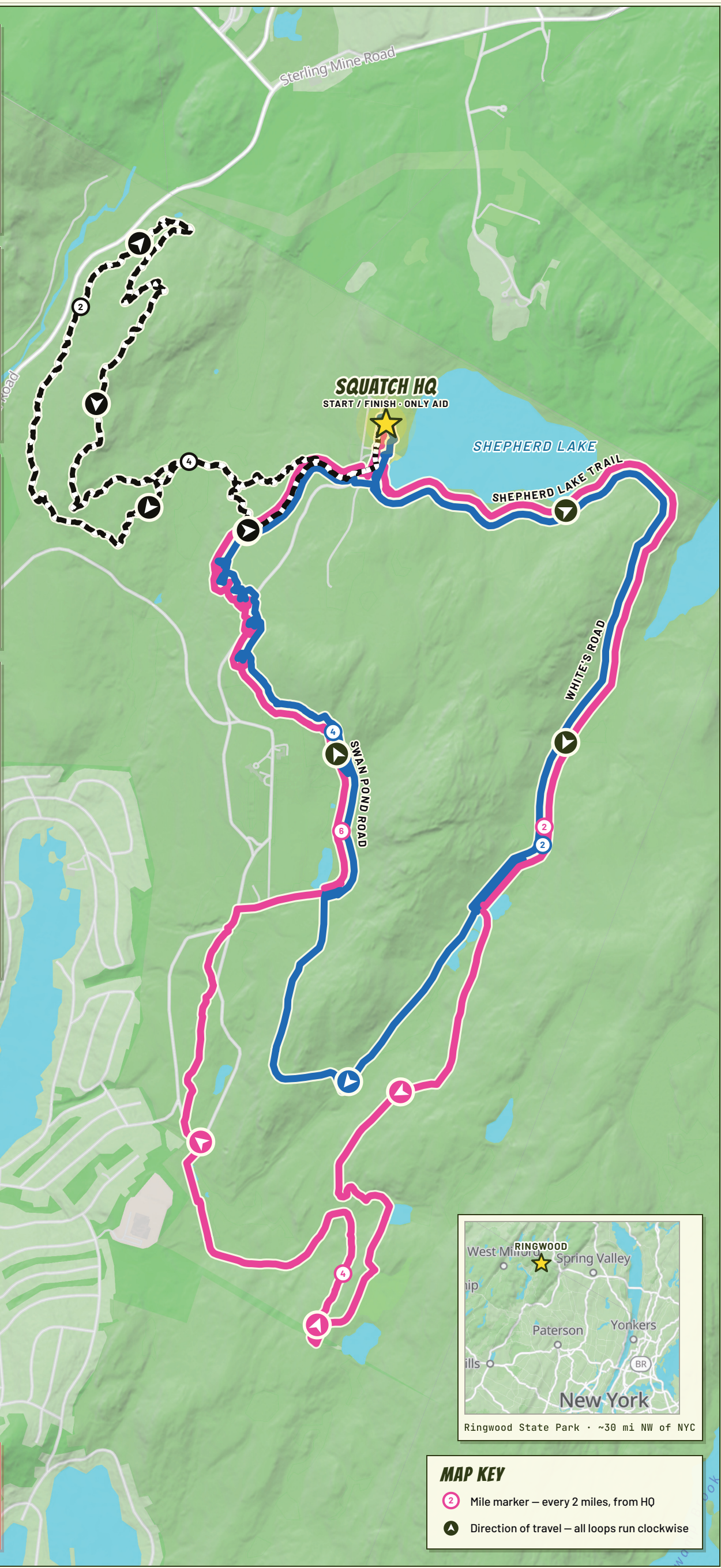
	LOOPS RUN IN ORDER
5.5M	5.5 MI / 500 FT
13.1M	13.3 MI / 1,200 FT
30K	18.3 MI / 1,870 FT
50K	31.0 MI / 3,240 FT
50M	49.9 MI / 4,940 FT
100K	62.6 MI / 6,310 FT
100M	104.7 MI / 10,550 FT

NO AID ON COURSE

Squatch HQ at Shepherd Lake is the only aid station.

5.5M • 13.1M • 30K • 50K • 50M • 100K • 100M

Kids 1M runs Sunday morning on the lakeside trail by HQ – not mapped here.



MAP KEY

2

Mile marker – every 2 miles, from HQ

Direction of travel – all loops run clockwise

